



Students participating in practical training at a social services or healthcare unit **must be immune to measles and varicella (chickenpox), either through vaccination or a personal history of the disease; those caring for infants must also be vaccinated against pertussis (whooping cough)**. Students are also required to be **vaccinated against influenza**; information on these vaccinations is given during studies. (Infectious Diseases Act, 1227/2016, Section 48.) The required vaccinations are free of charge for social and healthcare students.

Please provide the information below and check your vaccination status. You can check your vaccination details from your vaccination card or the health centre of the municipality where you last studied.

1. Measles

Protection against measles is provided either by a personal history of measles or two doses of the vaccine.

1a. I have received two doses of vaccine against measles (a separate vaccine against measles or the triple MMR vaccine). Yes Not Not sure

1b. I have had measles. Yes Not Not sure

2. Varicella

Protection against varicella is provided either by a personal history of varicella or two doses of the vaccine.

2a. I have received two doses of vaccine against varicella. Yes Not Not sure

2b. I have had varicella. Yes Not Not sure

3. Influenza

Influenza vaccinations are required every year. The FSHS provides information on the practical aspects of vaccinations during each year. A personal history of influenza or previous vaccination against influenza does not protect against influenza viruses during subsequent seasons; influenza viruses keep changing all the time.

4. Pertussis

If you are scheduled to undergo practical training or start a job where you care for infants (aged under 1), you must be protected against pertussis. The pertussis vaccination is given at child welfare clinics as part of the national vaccination programme but does not provide lifelong protection.

4a. I have been vaccinated against pertussis less than five years ago. Yes Not Not sure



Is my protection OK?

- If you answered “yes” to question 1a or 1b, you are protected against measles.
- If you answered “yes” to question 2a or 2b, you are protected against varicella.
- If you answered “yes” to question 4a, you are protected against pertussis in compliance with the law.
- You must also bear in mind that the Infectious Diseases Act requires you to get vaccinated against influenza every year.

If you are protected against measles and varicella and, if necessary, against pertussis and you also get vaccinated against influenza every year, you are protected against these diseases as required by the Infectious Diseases Act. In this case, you can sign the self-assessment form and submit it to your practical training location to show your suitability.

If you are not fully protected or are not sure, please contact your FSHS unit. In uncertain cases, it is a good idea to take any vaccines you may have missed to ensure full protection. An extra dose of the vaccine does no harm. You can only sign the suitability self-assessment form after making sure you are fully protected.

If you cannot be vaccinated for medical reasons, the FSHS will assess your situation and provide an evaluation of your suitability for practical training.



Suitability on the basis of the self-assessment form

I have filled in the self-assessment form on the basis of the information available to me. I confirm that I meet the requirements of Section 48 of the Infectious Diseases Act concerning protection against infectious diseases while working in social services and healthcare premises treating patients or clients susceptible to experience serious complications in connection with infectious diseases.

Personal identity code

Place and date

Signature and name in block letters

Show this form at your practical training location as required.